



JANUARY MENU

ACCEDI A LOS MENÚS DE TU CENTRO EN: WWW.SERVALIA.ORG

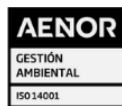
USUARIO: santacatalina

CONTRASEÑA: 2849



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9	Rice "hortelana" style Baked lean meat with a touch of rosemary Seasonal fruit Bread	10	Bean stew Ham omelette Seasonal fruit Bread	11	Cream of courgette soup with croutons Baked chicken with potatoes Dairy Bread	12	Neapolitan codfish Fresh fish from the fish market Seasonal fruit Bread	13	Chickpea stew with vegetables Mixed hamburger with ketchup Fresh orange juice Bread
16	Pumpkin cream Chicken breast with salad Seasonal fruit Bread	17	Spirals au gratin with ratatouille French omelette with salad Seasonal fruit Bread	18	Stew soup Complete stew Natural yoghurt with Persimmon Bread	19	Potato stew with seasonal vegetables Fresh fish from the fish market Seasonal fruit Bread	20	Rice with tomato Roast chicken hams Fresh orange juice Bread
23	Spaghetti with sautéed vegetables Meatballs Rioja style Seasonal fruit Bread	24	Lentil stew with chorizo sausage Potato omelette with salad Seasonal fruit Bread	25	Rice 3 delights Hake Andalusian style Dairy Bread	26	WORLD ENVIRONMENTAL EDUCATION DAY Autumn vegetable cream soup Turkey ragout Seasonal fruit Bread	27	Noodle soup with vegetables and chickpeas ECO Baked pork loin Fresh orange juice Bread
30	Cream of pea soup with apple and croutons Baked chicken with mushrooms Seasonal fruit Bread	31	Stew soup Complete stew Seasonal fruit Bread						

We are a company committed to quality, safety and the environment:



Consult all the nutritional information and allergens on our menu in the QR code:



JANUARY NEWS

This cold month of January brings us a delicious dessert with PERSIMON, seasonal fruit and proximity full of vitamins and benefits for our health:

Phosphorus
and
magnesium



Calcium



**NATURAL
YOGHURT**



PERSIMON

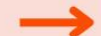
Aid to the



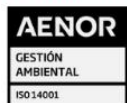
Good
digestion



DINNER RECOMMENDER



We are a company committed to quality, safety and the environment:



Consult all the nutritional information and allergens on our menu in the QR code:

